

Family Support Group



Holding On
Letting Go



Heart
of Kent
Hospice

TIME FOR FAMILY, TIME FOR YOU!

Supporting families living in Kent.
Launching Wednesday 3 August 2022.
Six-week programme.



Helping families in Kent when a parent has a terminal illness.

TIME FOR FAMILY, TIME FOR YOU.



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TAKING PLACE EVERY OTHER WEDNESDAY
AT HEART OF KENT HOSPICE

Preston Hall, Aylesford, Kent, ME20 7PU
4:00pm – 6:00pm

Heart of Kent Hospice together with Holding On Letting Go are running a family support group, helping parents or carers with a terminal illness, to make the most of every moment together with their children. The group supports parents with children and young people aged 5 – 18 years, providing opportunities to make memories, have fun, whilst benefitting from emotional and practical support.



**AFTER
SCHOOL
SNACKS
WILL BE
SERVED**

Please place an order for after school snacks - let us know the number of children that will be coming along and any dietary requirements when booking.

HOW TO BOOK

To book or find out more, please contact our Family Support Team by calling **01622 792200 ext 260** or emailing **fst@hokh.co.uk**

